

Atrial fibrillation (also called AFib or AF) is a quivering or irregular heartbeat (arrhythmia) that can lead to blood clots, stroke, heart failure and other heart-related complications. At least 2.7 million Americans are living with AFib.

Words from patients with AF:

“My heart flip-flops, skips beats, and feels like it’s banging against my chest wall, especially if I’m carrying stuff up my stairs or bending down.”

“I was nauseated, light-headed, and weak. I had a really fast heartbeat and felt like I was gasping for air.”

“I had no symptoms at all. I found out I had my AF at a regular check-up. I’m glad we found it early.”

If a clot breaks off, enters the bloodstream and lodges in an artery leading to the brain, a stroke results. About 15–20 percent of people who have strokes have atrial fibrillation. This clot risk is why AF patients are put on blood thinners and medicines to slow the heart rate down.

Even though untreated atrial fibrillation doubles the risk of heart-related deaths and increases risk for stroke, many patients are unaware that AFib is a serious condition.

AFib Treatment Saves Lives & Lowers Risks

If you or someone you love has AF, learn more about it, why treatment can save lives, and what you can do to reach your goals, lower your risks and live a healthy life.

If you think you may have atrial fibrillation, here are your most important steps:

1. Know the **symptoms**
2. Get the right **treatment**
3. **Reduce risks for** stroke and heart failure

We’re here to help you live your healthiest life!